

Line Dance Classes with Robbie

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<u>Class</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>	<u>Price</u>	<u>Location</u>
Beginning Line Dance	Mon	11:45-1:00 PM	ongoing	\$6.00 for non-members FREE for TAC members	Timberhill Athletic Club 2855 NW 29 th St. Corvallis, OR
Adv Beg. Line Dance	Tues	7:00-8:30 PM	ongoing	\$4.00 per person	Elks Lodge 1400 NW 9 th St. Corvallis, OR

BENEFITS OF LINE DANCING:

- ▷ Great low-impact exercise
- ▷ Helps with balance & coordination
- ▷ Strengthens bones & muscles
- ▷ Helps reduce stress

CAN JOIN MID-SESSION!

